



Charlotte Couture

Writer/Director

Selected for Directors UK Inspire Programme 2024-25

Charlotte writes and directs films that depict life, relationships and human behaviour in a deeply authentic way, and through a different lens to the one we're used to. Her films allow audiences to accompany characters who are often unseen, and her visual style focuses on painting a picture of their psychological journeys.

She is the founder of Seven Light Films who make stories that show both the complexity and universality of humanity.

CONTACT

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www.sevenlightfilms.co.uk

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📍 London & LA (dual UK-US citizenship)

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SOCIALS

📷 [instagram.com/_charlottecouture](https://www.instagram.com/_charlottecouture)

AWARDS & NOMINATIONS

2024 Nominated for Best Drama at Greenwich Film Festival, for Rose

2022 Winner of Best British Short Film, Cornwall Film Festival, for Different Day

2022 Nominated for Best Short Film & Best Director, Unrestricted View, for Different Day

2021 Winner of the Jury's Choice Award, The South London Film Festival, for Different Day

2020 Nominated for Best Film, Wales International Film Festival, for O, My Friend

FILMS

2024 WHERE THERE'S LIGHT

Writer/Director

Short film, 15 minutes

Where There's Light was longlisted for the 69th BFI London Film Festival

Starring Eloise Webb / DP Guido Cavaciuti / Produced by Seven Light Films & Thunder Pebble

Where There's Light is supported by The Benjamin Foundation.

When Esme hears her only friend is leaving the country, she becomes aware of a superpower within her.

2023 ROSE

Writer/Director

Short film, 15 minutes

DP Guido Cavaciuti / Produced by Seven Light Films and Thunder Pebble, in association with The Big C

A dancer strives to rebuild her life after surviving cancer.

Rose has qualified for the British Independent Film Awards.

Recognised by BAFTA, Academy and BIFA qualifying festivals.

2023 FIVE FIFTY

Writer/Director

Short film, 3 minutes

DP Núria Pérez / Produced by Seven Light Films

Five Fifty is an experimental short that explores modern day isolation through a choice a woman makes one afternoon.

ASSOCIATIONS

Member of Directors UK
Member of Women in Film & TV

FILMS (CONT'D)

2021 DIFFERENT DAY

Writer/Director

Short film, 15 minutes

DP Guido Cavaciuti / Produced by Seven Light Films and Tom Scurr

A young caregiver is torn between family loyalty and personal freedom

Winner of the Jury's Choice Award at The South London Film Festival; Winner of Best British Film at BIFA-qualifying Cornwall Film Festival; Nominated for Best Short Film and Best Director at BIFA-qualifying Unrestricted View Film Festival.

2020 O, MY FRIEND

Writer

Short film, 15 minutes

DP Oliver Biggs / Produced by Sheer Height Productions

Nominated for Best Film at Wales International Film Festival.

In post-production

2024 WIDDERSHINS

Director

Segment of a feature film anthology

Produced by Film Suffolk

In development

2025 Beehive

Writer & Director

Feature film, in development with Seven Light Films

A young woman haunted by her father's violence must confront her past when her estranged mother returns, threatening to unravel the fragile life she's fought to build.

TELEVISION

2024 EastEnders, BBC ONE

Director shadowing under Vicki Kisner

2023 EastEnders, BBC ONE

Director shadowing under John Greening

2023 Doctors, BBC ONE

Director shadowing placement under Steve M Kelly

LINKS TO WORK

Drama Reel

<https://www.charlottecouture.co.uk/reel>

EDUCATION

BA Hons English Literature & History

University of East Anglia

MA Acting

Drama Centre London